# Virtual Care Survey 2022

Measuring outpatient experiences

**Technical Supplement** 

August 2023



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Please note there is the potential for minor revisions of data in this report.

Please check the online version at <a href="mailto:bhi.nsw.gov.au">bhi.nsw.gov.au</a> for any amendments or errata.

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The conclusions in this report are those of BHI and no official endorsement by the NSW Minister for Health, the NSW Ministry of Health or any other NSW public health organisation is intended or should be inferred.

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### Introduction

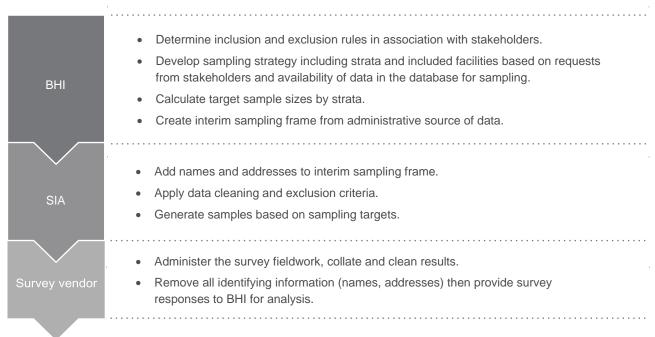
This technical supplement outlines the sampling methodology, data management and analysis of the results of the Virtual Care Survey 2022. Further supporting information is available in historical technical supplements for Virtual Care Survey in previous years, available at <a href="https://doi.org/bhi.nsw.gov.au">https://doi.org/bhi.nsw.gov.au</a>

The New South Wales (NSW) Patient Survey Program began sampling patients in NSW public health facilities from 2007. The program was coordinated by the NSW Ministry of Health (Ministry) until mid-2012 when responsibility was transferred to the Bureau of Health Information (BHI). BHI has a contract with a survey vendor to support data collection, while BHI conducts all survey analysis.

The aim of the NSW Patient Survey Program is to measure and report on patients' experiences in public healthcare facilities in NSW on behalf of the Ministry and local health districts (LHDs). The survey program is guided by the <u>BHI Strategic Plan 2023–26</u>, which ensures all patient surveys maximise benefits to patients and deliver unique value for the NSW health system.

Data collection for the NSW Patient Survey Program is a collaboration between BHI, the survey vendor and the Ministry's Systems Information and Analytics (SIA) branch. Figure 1 shows the organisational responsibilities for the sampling design and data collection phases for patient survey projects.

Figure 1 Organisational responsibilities in sampling and data collection



### Virtual Care Survey

The Virtual Care Survey 2022 was undertaken as part of the NSW Patient Survey Program. It was the third dedicated virtual care survey conducted by BHI. Changes between the 2021 and 2022 questionnaires are available in a development report on BHI's website at <a href="mailto:bhi.nsw.gov.au/nsw\_patient\_survey\_program/virtual-care-survey">bhi.nsw.gov.au/nsw\_patient\_survey\_program/virtual-care-survey</a>

### Inclusion and exclusion criteria for outpatients

The survey questionnaire was sent to eligible patients who had contact with non-admitted patient services via telephone or video call in November or December 2022 at eligible outpatient clinics in public hospital facilities. The eligible population included patients aged 18+ years who had a virtual care appointment.

The date of appointment was used to define patients eligible to participate in the survey. Where patients had multiple visits in that month including both virtual and in-person appointments, they were sampled based on their last virtual care appointment in the month. Multidisciplinary case conferences where the patient was not present were excluded.

Patients were eligible for sampling if they:

- received virtual healthcare in service contact modes 2 (Audio), T (Audio), N (Audiovisual),
   P (Audiovisual) or C (Audiovisual)
- received the service in November or December 2022.

Patients were excluded from sampling if they:

- had an invalid address (including those with addresses listed as hotels, motels, nursing homes, community services, Mathew Talbot Hostel, 100 William Street, army quarters, jails and unknown)
- had an invalid name (including 'twin', 'baby of')
- had an invalid date of birth
- · were on the 'do not contact' list
- were sampled in the previous six months for any BHI patient survey
- had mode of separation of death for a subsequent admission to hospital
- were recorded as deceased according to the NSW Registry of Birth Deaths & Marriages and/or activity and performance reporting data collections, prior to the sample being provided to the survey vendor.

The remaining patients were considered to be the final sampling frame and eligible to participate in the Virtual Care Survey 2022.

### Inclusion and exclusion criteria for services and outpatient clinics

Virtual care appointments were excluded if they were:

- services deemed to be out of scope based on Tier 2 service type, including sexual health, palliative
  care, dental, specialist mental health and oncology services. Clinics that included 'multidisciplinary
  team' or 'MDT' in either the Tier 2 description or the clinic name were also excluded
- services at outpatient cancer clinics, defined as clinics with the following terms in their clinic name: 'cancer', 'oncol\*', 'radiation', 'radioth\*', 'chemo\*', 'breast', 'melanoma' and 'haema\*'
- services at clinics with the following key words in their service type description: adolescent, youth, child, ethnic, screening, intake, maintenance care, paediatric, pathology, sexual, assault, wellness maintenance
- services at Sydney Children's Hospital Randwick, Children's Hospital at Westmead or Specialty
  Health Networks such as Parklea Corrections Health Centre and NSW Tresillian Family Care
  Centres, health facilities within the Justice Health and Forensic Mental Health Network and Northern
  Sydney LHD Private Health Sector
- service settings with the following key words in the description: 'expired', 'residential', 'admitted', 'mental health', 'child', 'transport' and 'education'.

### Sample design

Sample design is part of the mechanism that ensures the results of the survey are representative of the population. It does this by carefully selecting patients across facilities and demographic characteristics.

Sampling for the Virtual Care Survey 2022 was designed to be representative at NSW level in November 2022 and for some strata also in December 2022, and stratified by contact mode (telephone or video), rurality of patient postcode (rural or urban) and patient age (18–49 years, 50–64 years and 65+ years). The sampling was designed to be similar to the previous survey in 2021. For more information about how patient groups and geographical boundaries are defined, see page 8.

The sampling frame for the Virtual Care Survey 2022 was obtained from the Ministry's Enterprise Data Warehouse for Analysis Reporting and Decisions (EDWARD) Non-admitted Patient (NAP) activity data. Targets of sampling for each stratum were calculated based on aggregated strata-level data.

Based on preliminary data, an initial target of 2,100 patients was set for each of the 12 strata. All eligible patients who had video appointments were invited to complete the survey (census sampling) due to estimated small population size, while random sampling occurred in other strata. Additional patients who had video appointments were sampled in December to ensure sufficient responses. See Appendix 1 for details.

## Data collection and analysis

### Data collection

Selected patients were invited to complete the questionnaire by submitting an online response. A first and then second reminder letter was sent in the subsequent two months if no response was received. This aimed to meet or exceed international best practice response rates, resulting in optimal precision in estimates.

The resultant survey data were anonymised and underwent quality assurance checks before secure transfer to BHI servers for processing. The data was password protected with access by authorised staff only.

#### Response rate and completion of questionnaires

The response rate is the percentage of people sampled who submitted their responses. The overall response rate, number of mailings and number of respondents, overall and by stratum, are provided in Appendix 1.

Survey completeness is a measure of how many questions each respondent answered as a proportion of all questions. The completeness of responses was high overall, with respondents answering, on average, 44 of the 49 non-text questions (this includes questions that were correctly skipped).

### Weighting of data

Survey responses were weighted to optimise the degree to which results were representative of the experiences and outcomes of the overall patient population. At the NSW level, weights also ensured that that the different sampling proportions used at the stratum level were accounted for, so that NSW results were not unduly influenced by the size of sampling for each stratum.

A weight was calculated for respondents in each stratum using the following equation:

$$W_i = \frac{N_i}{n_i}$$

Where:

 $N_i$  = total number of patients eligible for the survey in the  $i^{th}$  stratum

 $n_i$  = number of respondents in the  $i^{th}$  stratum.

Weights for each stratum are presented in Appendix 1.

Strata may differ in the type of clinical services and demographic characteristics of patients, but due to lack of available information it was not possible to adjust weights to account for these differences. This issue should be taken into account when comparing results from different strata.

#### Weighted percentages

All the results in the report were weighted. The weighted percentage of patients selecting each response option in the questionnaire was determined using the SURVEYFREQ procedure with a finite population correction factor and the Clopper-Pearson method adjusting for the sampling weights. Weighted percentages were calculated as follows:

**Numerator** – the (weighted) number of survey respondents who selected a specific response option to a certain question.

**Denominator** – the (weighted) number of survey respondents who selected any of the response options to a certain question, minus exclusions.

**Calculation** – the numerator/denominator x 100.

When reporting on questions used to identify sub-cohorts, the 'Don't know'/'Can't remember' option and missing responses were also reported. Appendix 2 presents the rates of missing or 'Don't know'/'Can't remember' responses for all questions.

It is assumed that no bias is introduced by the way patients who did not respond to the whole survey, or did not respond to specific questions, were handled. This is because it is also assumed these patients did so randomly and therefore any missing responses do not relate to the experience of care.

For some questions, the results from several responses were combined to form a 'derived measure'. For information about how these measures were developed, please see Appendix 3.

### Comparing weighted and unweighted patient characteristics

One of the aims of sample weights is to ensure that after weighting, the characteristics of the respondents closely reflect the characteristics of the eligible population.

Table 1 shows demographic characteristics of respondents against the target population. The four columns denote:

- 1. Percentage of population: the sampling frame from which the sample was drawn.
- 2. Percentage of sample mailed: the percentage of patients in each category provided by SIA to the survey vendor for mailing.
- 3. Percentage of respondents (unweighted): respondents to the survey, not adjusted for unequal sampling.
- 4. Percentage of respondents (weighted): respondents to the survey, adjusted by weighting to be representative of the population.

Table 1 Demographic characteristics of patient population and respondents, Virtual Care Survey 2022

Demographic variable	Sub-group	% of population*	% of sample mailed	% of respondents (unweighted)	% of respondents (weighted)
Rurality of patient residence	Urban	67	61	64	67
	Rural	33	39	36	33
Age group	18–49 years	40	41	24	40
	50-64 years	20	29	34	20
	65+ years	41	30	42	41
Sex <sup>†</sup> .	Male	41	41	43	39
	Female	59	59	57	61

<sup>†</sup>Information on sex is drawn from administrative data. Other and Unknown sex were excluded.

# Exploring differences in patient experiences of virtual care across different patient groups

Differences in patients' overall experiences of virtual care and their experiences of key aspects of virtual care across different patient groups, as well as their most frequently cited benefits and challenges, were explored using univariate and multivariable logistic regression models.

For each question, the pre-defined most positive response option was used to create a dichotomised variable such that the most positive response was coded as 1, and all other responses, excluding invalid and missing responses, were coded as 0. Separate models were developed for each of the survey questions.

For each question, a multivariable model was created to identify patient characteristics associated with the likelihood of respondents reporting the most positive response while controlling for other patient-related characteristics. The following patient characteristics were considered as independent variables or co-variates for each question: age group (18–34 years, 35–54 years, 55–74 years, 75+ years), sex (female, male), education level (less than Year 12 or equivalent, completed Year 12 or equivalent, trade or technical certificate or diploma, university degree, post-graduate/higher degree), language spoken at home (English language, others), rurality of patient residence (urban, rural), rurality of hospital (urban,rural), having a longstanding health condition (yes, no), having seen the health professional before/whether appointment was with regular GP (yes, no) and mode of delivery (audio only via telephone or online, video, other methods). SURVEYLOGISTIC procedure with backward elimination approach was used to build the multivariable models for each question. Factors that were significant at P-value = 0.2 in the univariate analysis were considered for inclusion in the multivariable models, and only variables with a two-sided P-value of less than 0.05 in the multivariable models were retained in the final models.

More information about the multivariable models and results are available from BHI on request.

### Statistical software

SAS software version 9.4 was used for all statistical analyses and rurality of patient residence, virtual care service type based on administrative data (telephone or video) and age group were included as strata variables.

## Reporting

### Confidentiality and suppression rules

BHI does not receive any confidential patient information and only publishes aggregated data and statistics. Any question must have a minimum of 30 respondents at the reporting level (i.e. NSW) for results to be reported. This ensures there are enough respondents for reliable estimates to be calculated, and that patient confidentiality and privacy are protected.

### Interpret with caution

All data collected using surveys are subject to sampling error (i.e. the difference between results based on a sample of a target population, and the results if all people who received care were surveyed). The 95% confidence interval of the average is expected to contain the true result 19 times out of 20.

In the supplementary data tables, where the confidence interval was wider than 20 percentage points, results for individual questions are noted with a '\*' to indicate 'interpret with caution'. In addition, percentages of 0 or 100, which do not have confidence intervals, are also noted as 'interpret with caution' where the number of respondents was fewer than 200.

### Reporting by population groups

In addition to reporting results for all respondents, BHI also reports the results by specific groups, as follows:

- age group: '18 –34 years', '35 –54 years', '55 –74 years', '75+ years'
- virtual care type: 'online, with video', 'telephone/online, audio only'
- number of virtual care appointments with a hospital outpatient clinic or GP in the past 12 months: '1 to 2', '3 to 5', 'more than 5'
- had seen the health professional before/appointment was with regular GP: 'yes', 'no'
- rurality of patient residence: 'urban', 'rural'
- longstanding health condition: 'yes', 'no'
- language spoken at home: 'English', 'language other than English'

Patient residence is classified as 'urban' and 'rural' using the Accessibility and Remoteness Index of Australia (ARIA+), the Australian Bureau of Statistics (ABS) measure of remoteness and patent postcode.

ARIA+ is the standard ABS measure of remoteness. For more information, see abs.gov.au/statistics/statistical-geography/remoteness-structure

# Appendix 1

### Survey response summary

Table 2 Population, mailings, responses and response rates, by stratum of sampling, Virtual Care Survey 2022

Virtual care mode	Rurality of patient residence	Age	Population	Mailings	Responses	Unweighted response rate (%)	Weight
Telephone	Rural	18–49	6,007	2,199	61	2.8	98
		50–64	3,701	2,196	183	8.3	20
		65+	8,691	2,166	257	11.9	34
	Urban	18–49	13,464	2,195	100	4.6	135
		50–64	6,632	2,195	213	9.7	31
		65+	14,502	2,171	214	9.9	68
Video	Rural	18–49	1,056	1,050	65	6.2	16
		50–64	643	639	104	16.3	6
		65+	783	778	157	20.2	5
	Urban	18–49	4,690	3,998	330	8.3	14
		50–64	1,621	1,606	281	17.5	6
		65+	1,900	1,865	336	18.0	6
Total			63,690	23,058	2,301	10.0	N/A

Patients who had telephone appointments were sampled in November only, while patients who had video appointments were sampled in both November and December.

# Appendix 2

### Rates of missing or 'Don't know'/'Can't remember' responses

Unweighted percentage of missing and 'Don't know'/'Can't remember' responses, by question, Virtual Care Survey 2022

Number	Question	Missing %	'Don't know'/'Can't remember' %	Missing + 'Don't know'/'Can't remember' %*
1	What was the purpose of your most recent virtual care appointment with a hospital outpatient clinic?	2.35		2.35
2	Did the appointment time suit you?	1.65		1.65
3	Who did you see during this appointment?	2.65		2.65
4	Had you seen the health professional(s) before, either in person or via telephone or video?	1.96	4.09	6.04
5	How did you access your most recent virtual care appointment?	1.26		1.26
6	Did you experience any problems with the connection or technology during this virtual care appointment?	1.74		1.74
7	Did you receive technical support from staff to help you participate in your appointment?	1.56	4.13	5.69
8	Was the health professional(s) adequately prepared for your most recent virtual care appointment?	2.00		2.00
9	Were you adequately prepared for this appointment?	1.96		1.96
10	Thinking about the care and treatment at your most recent virtual care appointment, did the health professional(s) explain things in a way you could understand?	2.30		2.30
11	Were you involved, as much as you wanted to be, in decisions about your care and treatment?	2.09		2.09
12	Did the health professional(s) listen carefully to any views or concerns you had?	2.00		2.00
13	Did you have confidence and trust in the health professionals treating you?	1.56		1.56
14	Was the health professional(s) kind and caring towards you?	1.61		1.61
15	Were you treated with respect and dignity during your virtual care appointment?	1.43		1.43

Number	Question	Missing %	'Don't know'/'Can't remember' %	Missing + 'Don't know'/'Can't remember' %*
16	Did you have enough privacy during your appointment?	1.74		1.74
17	During your appointment, were you given enough information about how to manage your care at home?	1.43		1.43
18	Were you told who to contact if you were worried about your condition or treatment after your appointment?	1.26		1.26
19	How many virtual care appointments have you had with a hospital outpatient clinic in the past 12 months?	2.96	7.52	10.47
20	Overall, how would you rate the virtual care you received?	2.96		2.96
21	If asked about your virtual care experience by friends and family, how would you respond?	2.74		2.74
22	Did the care and treatment received through virtual care help you?	2.78		2.78
23	Compared with in-person appointments, were your virtual care experiences?	3.09		3.09
24	If given the choice, would you use virtual care again?	2.52	2.56	5.08
25	Thinking about your experiences of virtual care, what have been the benefits for you?	2.69		2.69
26	Thinking about your experiences of virtual care, what have been the challenges for you?	3.78		3.78
27	In the past 12 months, how many in-person appointments have you had with a general practitioner (GP) for your own health?	0.39	3.17	3.56
28	In the past 12 months, how many virtual care appointments have you had with a GP for your own health?	0.56	3.82	4.39
29	What was the purpose of your most recent virtual care appointment with a GP?	0.58		0.58
30	Was this appointment with your regular GP?	0.32	1.74	2.06
31	How did you access your most recent virtual care appointment with the GP?	0.84		0.84
32	Was the GP adequately prepared for this appointment?	0.90		0.90

Number	Question	Missing %	'Don't know'/'Can't remember' %	Missing + 'Don't know'/'Can't remember' %*
33	Thinking about the care and treatment at your most recent virtual care appointment, did the GP explain things in a way you could understand?	0.97		0.97
34	During this appointment with the GP, were you given enough information about how to manage your care at home?	0.77		0.77
35	Overall, how would you rate the virtual care you received from GPs in the past 12 months?	0.84		0.84
36	Did the care and treatment received from GPs through virtual care help you?	1.09		1.09
37	Compared with in-person appointments, were your virtual care experiences with GPs?	1.16		1.16
38	If given the choice, would you use virtual care with GPs again?	0.64	2.38	3.02
39	Did the opportunity to use virtual care help ensure that your care was well coordinated between the GP and the hospital outpatient clinic?	0.64	6.31	6.95
40	Thinking about your experiences of virtual care with GPs, what have been the benefits for you?	1.09		1.09
41	Thinking about your experiences of virtual care with GPs, what have been the challenges for you?	1.74		1.74
42	What year were you born?	0.65		0.65
43	How do you describe your gender?	0.13		0.13
45	Aboriginal and/or Torres Strait Islander origin	0.74		0.74
46	Language mainly spoken at home	0.26		0.26
47	Do you have longstanding health conditions that cause you difficulty with your day-to-day activities?	0.43		0.43
49	Do you give permission for the Bureau of Health Information to link your answers from this survey to health records related to you (the patient)?	0.30		0.30

<sup>\*</sup>Percentages for this column may not equal the sum of the 'Missing (%)' and 'Don't know (%)' columns because they were calculated using unrounded figures.

# Appendix 3

### **Derived measures**

#### **Definition**

Derived measures are those for which results are calculated indirectly from respondents' answers to a survey question. These tend to be from questions that contain a 'not applicable' type response option and are used to gather information about patients' needs.

Table 4 Derived measures for Virtual Care Survey 2022

Derived Measure				
Derived Measure	Original Question	Categories	Original Question Responses	
Accessed most recent virtual care appointment with	Q5. How did you access your most recent virtual care appointment?	Online, with video	Online, with video (e.g. Skype, Zoom. On any device including computer, tablet or smartphone)	
audio only		Telephone/Online, audio only	Telephone, audio only (mobile or landline)	
			Online, audio only (on any device including computer, tablet or smartphone)	
Would use virtual	Q24. If given the choice,	Would not use again	No	
care again	would you use virtual care again?	Would use again	Yes, definitely	
			Yes, in some circumstances	
Virtual care had a	Q25. Thinking about your experiences of virtual care, what have been the	Had no benefit	I had no benefits	
benefit		Had benefit	I thought it was convenient	
	benefits for you?		I saved time	
			I saved money	
			I felt that I received the right care at the right time	
			I felt that I received safe, high quality care	
			I felt at ease being in my own home/ surroundings	
			I didn't have to take as much time off work as I would have with an in-person appointment	
			I didn't need to arrange care for children or dependants	

Derived Measure	Original Question	Derived Measure Categories	Original Question Responses
			I was able to have others join the appointment (my family, other members of my healthcare team)
			I thought it benefitted me in other ways
Virtual care	Q26. Thinking about your	Didn't have challenges	I had no challenges
presented challenges	experiences of virtual care, what have been the challenges for you?	Had challenges	I would have been more comfortable talking in person
			I had to wait too long for the appointment to start
			I found the process confusing/not well organised
			I had concerns about the quality of the care and treatment I received
			I had concerns about privacy/the security of my health information
			I had issues with the technology
			The health professional(s) had issues with the technology
			I had issues with the quality of the connection
			I had other challenges
Accessed most recent GP virtual care appointment	Q31. How did you access your most recent virtual care appointment with the	Online, with video	Online, with video (e.g. Skype, Zoom. On any device including computer, tablet or smartphone)
with audio only	GP?	Telephone/ Online, audio only	Telephone, audio only (mobile or landline)
			Online, audio only (on any device including computer, tablet or smartphone)
Would use virtual	Q38. If given the choice,	Would not use again	No
care with GPs again	would you use virtual care with GPs again?	Would use again	Yes, definitely
			Yes, in some circumstances

Derived Measure	Original Question	Derived Measure Categories	Original Question Responses
Virtual care with GPs had a benefit	Q40. Thinking about your experiences of virtual care with GPs, what have	Had no benefit	I had no benefits
GFS flad a bellefit		Had benefit	I thought it was convenient
	been the benefits for you?		I saved time
			I saved money
			I felt that I received the right care at the right time
			I felt that I received safe, high quality care
			I felt at ease being in my own home/ surroundings
			I didn't have to take as much time off work as I would have with an in-person appointment
			I didn't need to arrange care for children or dependants
			I was able to have others join the appointment (my family, other members of my healthcare team)
			I thought it benefitted me in other ways
Virtual care with	Q41. Thinking about your experiences of virtual care with GPs, what have been the challenges for you?	Didn't have challenges	I had no challenges
GPs presented challenges		Had challenges	I would have been more comfortable talking in person
			I had to wait too long for the appointment to start
			I found the process confusing/not well organised
			I had concerns about the quality of the care and treatment I received
			I had concerns about privacy/the security of my health information
			I had issues with the technology
			The health professional(s) had issues with the technology
			I had issues with the quality of the connection
			I had other challenges

Derived Measure	Original Question	Derived Measure Categories	Original Question Responses
Has longstanding health condition	Q47. Which, if any, of the following longstanding	Has longstanding health condition	Deafness or severe hearing impairment
	health conditions do you have (including age-		Blindness or severe vision impairment
	related conditions)?		A longstanding illness (e.g. cancer, HIV, diabetes, chronic heart disease)
			A longstanding physical condition (e.g. arthritis, spinal injury or multiple sclerosis)
			An intellectual disability
			A mental health condition (e.g. depression)
			A neurological condition (e.g. Alzheimer's, Parkinson's)
		Doesn't have longstanding health condition	None of these
			Missing