NSW Patient Survey: Outpatient Cancer Clinics





<Barcode>

<Title> <First Name> <Last Name>

<Address Line 1>

<SUBURB> <STATE> <POSTCODE>

MailDate

Dear <Title> <Last Name>,

We want to know about your care

I am writing to ask you to take part in the NSW Patient Survey by telling us about your recent outpatient visit to a cancer clinic at [HOSPITAL NAME] during [MONTH]. Outpatient cancer clinics provide oncology and chemotherapy services to people with cancer, people being tested for cancer and sometimes for people with non-cancer conditions.

The Bureau of Health Information, established by the NSW government to independently report on the performance of the NSW health system, asks thousands of people each year to tell us about the care they received. Hearing about your recent outpatient experience helps us to understand the quality of care you received and it allows health services to see where they need to improve.

How do you take part?

There are two ways to complete the questionnaire:



Online: Visit survey.ipsos.com.au/patientsurvey and enter your username [INS_UNAME] and password [INS_PWORD] when prompted

OR



Pen and paper: Simply fill in the questionnaire. To ensure your anonymity, remove this covering letter before placing the completed questionnaire in the Reply Paid envelope.

Your information will be treated as confidential

You have been randomly selected to participate and there are many safeguards in place to protect your identity. The clinic staff who cared for you will not know if you have returned a completed questionnaire and will not be able to see your responses.

If you have any questions or need help with the questionnaire, please contact:

Toll-free Patient Survey Helpline

Email your questions to

1800 220 936 (Monday to Friday, 4pm–8pm) OR

NSWPatientSurvey@ipsos.com

or leave a message to be called back

(include your username [INS_UNAME] in the subject line)

For information about the NSW Patient Survey Program and to see how your local hospital is performing, visit the Bureau of Health Information's website at **bhi.nsw.gov.au**. Thank you very much for your time helping to improve NSW Health's services.

Yours sincerely

Dr Jean-Frédéric LévesqueChief Executive
Bureau of Health Information

How to complete the survey

This survey is about your recent experience as an outpatient in the cancer clinic at the hospital named on the previous page. If you have been to more than one cancer clinic recently, please answer about your most recent visit to the clinic on the cover letter.

For each question, please use a blue or black pen to mark the box x next to the answer you choose.

Sometimes you will find the box you have marked has an instruction to go to another question. By following the instructions carefully you will be able to move past questions that do not apply to you.

If you would prefer not to answer individual questions, leave them blank but please complete the rest of the survey.

If you make a mistake or wish to change a response, simply fill in that box and mark the correct box like this:

If someone is helping you to complete this survey, please ensure the answers given are from your point of view, and not the opinion of the person helping you.

Please do not write your name or address on the survey.

Some questions and answers

Why are you carrying out the survey?

The NSW Patient Survey gathers information about your experience of health services.

This survey will help us to understand people's experience with outpatient cancer clinics. It will assist us to identify ways to improve services, so that the health care system in NSW can better meet the needs of people using these services now and in the future.

How do I make a formal complaint about my experience at the outpatient clinic?

Please contact the clinic directly.

Alternatively, you can get more information about your options at the following website:

www.health.nsw.gov.au/patientconcerns

Why have I been sent a survey?

You have been sent this survey because you recently attended a cancer clinic at the hospital referred to on the cover of the survey.

People attend cancer clinics for a variety of reasons. While some do not have a diagnosis of cancer, unfortunately many do. We appreciate that for some people, this survey may be difficult to complete and we respect your decision about whether or not to do so.

If you need help, or someone to talk to about concerns or worries about your condition, you may like to contact:

- Your General Practitioner
- The Cancer Council helpline on 13 11 20

The Cancer Council helpline is a free, confidential phone information and support service. Specially trained staff are available to answer your questions about cancer and offer emotional or practical support.

What happens to my survey responses?

Your survey responses will be de-identified and then processed with responses from other people who completed the survey to use in writing a report. These reports will then be provided to NSW Health and local hospitals to help them to improve health services.

Your responses will be treated in the strictest confidence and no identifying information will be given to NSW Health, the hospital or health service you attended, your doctor or other health provider unless required by law. Your responses will not affect any future health services that may be provided to you.

How is my privacy protected?

Your privacy is protected by legislation. Ipsos has been provided with your name and address by NSW Health for the purpose of sending you this survey only, and will keep your contact details confidential.

After all surveys are processed, identifying information will be destroyed and Ipsos will then no longer be able to identify the responses you provided. However, for the period that identifiable details remain, you will be able to contact Ipsos through the toll-free Patient Survey Helpline to ask to see your responses, or to request that some or all of your information be deleted.

You can get more information about privacy and confidentiality by calling the toll-free Patient Survey Helpline or at the following website:

www.bhi.nsw.gov.au/nsw_patient_survey_program/privacy

How do I get more information about the survey?

Please contact the toll-free Patient Survey Helpline on **1800 220 936** (Monday to Friday, 4pm–8pm, excluding public holidays). You may also send an email to **NSWPatientSurvey@ipsos.com** (and write your username, provided on the previous page, in the 'subject' line).

NSW Patient Survey: Outpatient Cancer Clinics

ARRIVAL AT THE CLINIC	Were the reception staff polite and courteous?
When completing this part of the survey, please think about your <u>latest visit</u> to the cancer clinic at the hospital named on the cover of this booklet.	Yes, definitely Yes, to some extent No
What was the purpose of this visit? Please all the boxes that apply to you Have tests, X-rays or scans Receive test, X-ray or scan results Medical diagnosis or advice Chemotherapy Radiotherapy Immunotherapy or hormone therapy Surgical procedure Follow-up after surgery Treatment review Regular check-up/long-term follow-up Other reason How long did it take you to travel to the	How long after the scheduled appointment time did your appointment actually start? On time, or early Go to Q8 Less than 15 minutes 15 to 29 minutes 30 to 59 minutes 1 hour to under 2 hours 2 hours or more I didn't have an appointmentGo to Q8 Don't know/can't rememberGo to Q8 Were you told how long you had to wait? Yes No
clinic for this appointment? Less than 30 minutes	
30 to 59 minutes 1 hour to under 2 hours 2 hours or more Don't know/can't remember	THE PHYSICAL ENVIRONMENT Thinking about your latest visit to this cancer clinic
What was your main form of transport to the clinic? Please one box only By private car Hospital or community transport. Go to Q5 Taxi	How comfortable was the waiting area? Very comfortable Fairly comfortable Not very comfortable Not at all comfortable How comfortable was the treatment area? Very comfortable
On foot	Fairly comfortable Not very comfortable Not at all comfortable I did not go to a treatment area at the clinic
The car park was full Too few disabled parking spaces Expensive parking fees Had to walk a long way from the car park	How clean was the treatment area? Very clean Fairly clean Not very clean

Not at all clean

None of these issues

Did you have worries or fears about your THE HEALTH PROFESSIONALS Q17 condition or treatment? Yes Who did you see during this visit? Q11 Please X all the boxes that apply to you NoGo to Q19 Doctor/Specialist Did a health professional discuss your Nurse (including for chemotherapy) Q18 worries or fears with you? Radiation therapist (for radiotherapy) Yes, completely Radiographer (X-ray, ultrasound, MRI) Yes, to some extent Dietician No Social worker Lymphoedema therapist Did you have confidence and trust in the **Psychologist** Q19 health professionals? Other healthcare professional Yes, definitely Did you have enough time to discuss your Yes, to some extent Q12 health issues with the health professionals No you saw? Yes, definitely Were the health professionals kind and Q20 caring towards you? Yes, to some extent Yes, always Yes, sometimes Did the health professionals explain things Q13 in a way you could understand? No Yes, always Overall, how would you rate the health Yes, sometimes professionals who treated you? No Very good During this visit, did the health Good Q14 professionals know enough about your medical history? Neither good nor poor Poor Yes, definitely Yes, to some extent Very poor **PLANNING YOUR CARE** How would you rate how well the health Q15 professionals worked together? When making decisions about your Very good treatment, did a health professional at the Good clinic inform you about different treatment Neither good nor poor options? Poor Yes, always Very poor Yes, sometimes Not applicable – only saw one No, treatment options were not discussed Did you see the health professionals wash Not applicable to my situation..Go to Q24 Q16 their hands, or use hand gel to clean their hands, before touching you? Did a health professional at the clinic tell Yes, always you about the risks and benefits of the treatment options? Yes, sometimes No, I did not see this Yes, always Not applicable to my visit Yes, sometimes Can't remember No

Were you involved, as much as you wanted to be, in decisions about your care and	YOUR CARE AND TREATMENT
treatment? Yes, definitely	Thinking again about your latest visit to this cancer clinic
Yes, to some extent	Did you receive any treatment during this
	visit? (e.g. chemotherapy, radiotherapy,
∐ No	surgery or other treatments)
I did not want or need to be involved	☐ Yes
Did a health professional at the clinic explain the next steps of your care and	NoGo to Q34
treatment in a way you could understand?	Did a health professional at the clinic
Yes, completely	Q31 explain what would be done during your
	treatment in a way you could understand?
Yes, to some extent	Yes, completely
∐ No	Yes, to some extent
The following questions ask about care plans.	□ No
Care plans are written documents that outline	
the steps and goals in managing your medical condition.	Q32 Did a health professional at the clinic tell you about possible side effects of your treatment?
Do you have a <u>written</u> care plan for your	
Q26 treatment?	Yes, completely
— ucathent:	Yes, to some extent
├ ☐ Yes	∐ No
□ No	Were you given enough information about
I do not need oneGo to Q30	Q33 how to manage the side effects of your
Don't know/can't remember Go to Q30	treatment?
Don't know can the meet a do	Yes, completely
Was your care plan developed by health	
Q27 professionals from this clinic?	Yes, to some extent
☐ Yes	∐ No
□ No	During this visit, were you given, or
	Q34 prescribed, any <u>new</u> medication to take
Don't know/can't remember	at home?
Were you asked about your preferences	┌─ │ Yes
Q28 for care and treatment when developing	│
this plan?	₩ L NO
☐ Yes	Did a health professional at the clinic
	Q35 explain the <u>purpose</u> of this medication in a
No	way you could understand?
☐ Don't know/can't remember	Yes, completely
At your letest visit, did the health	Yes, to some extent
At your latest visit, did the health professionals review your care plan with	□ No
you?	_
,	Did a health professional at the clinic tell
∐ Yes	Q36 you about <u>side effects</u> of this medication
∐ No	to watch for?
■ Not applicable as I did not have a care	Yes, completely
plan before this visit	Yes, to some extent
Don't know/can't remember	□ No

Q37	Were you told who to contact if you were worried about your condition or treatment after you left the clinic?	Were your cultural or religious beliefs respected by the clinic staff?				
	☐ Yes	Yes, always				
	□ No	Yes, sometimes				
		No, my beliefs were not respected				
	☐ I did not need this type of information ☐ Don't know/can't remember	My beliefs were not an issue				
Q38	Did a health professional at the clinic give your family or someone close to you enough	COMPLICATIONS				
QUU	information to help care for you at home?	During your violt or occup of to myords				
	Yes, completely	During your visit or soon afterwards, did you experience any of the following				
	Yes, to some extent	complications or problems? (other than				
	No	common side-effects from treatment)				
		Please X all the boxes that apply to you				
	Not applicable to my situation	An infection				
	Don't know/can't remember	Uncontrolled bleeding				
	RESPECTFUL CARE	An unexpected negative reaction to				
	RESI ESTI SE SARE	medication				
	Were you treated with respect and dignity	Complications as a result of tests or				
Q39		procedures				
	Yes, always	Severe pain due to the treatment				
	Yes, sometimes	Severe anxiety or worry				
	□ No	Any other complication or problem				
Q40	Were you given enough privacy when being examined or treated?	NoneGo to Q47				
	Yes, definitely	Was the impact of this complication or				
	Yes, to some extent	Q45 problem?				
	□ No	☐ Very serious				
	Were you given enough privacy when	Fairly serious				
Q41	discussing your condition or treatment?	☐ Not very serious				
	Yes, definitely	☐ Not at all serious				
	Yes, to some extent					
	No	In your opinion, were the health professionals open with you about this				
		Q46 professionals open with you about this complication or problem?				
Q42	Were you ever treated unfairly for any of the reasons below?	Yes, completely				
Q, TE	Please X all the boxes that apply to you	Yes, to some extent				
	Your age	☐ No				
	Your sex	Not applicable, as it happened after I left				
	Your ethnic background	In the past three months, have you gone				
	Your religion	Q47 to an emergency department because				
	Your sexual orientation	of complications related to the care you				
	A disability that you have	received?				
	Marital status	Yes				
	Something else	No				
	I was not treated unfairly	Don't know/can't remember				

PAYMENTS FOR YOUR CARE	In the last 12 months, how many times have you visited this cancer clinic?
This section is about out of pocket expenses you	Once
might have to pay for clinic visits. Out of pocket expenses are those that you don't get back from	2 to 3 times
Medicare or a private health fund.	4 to 8 times
Please think about your visits to this cancer clinic over the past six months	More than 8 times
	Was there any time when the health
How much were your out of pocket expenses for <u>medication</u> related to these visits?	Was there any time when the health professionals needed access to your health records and they were not available?
Zero (\$0)	Yes
☐ \$1 to less than \$100	□ No
\$100 to less than \$500	Don't know/can't remember
\$500 to less than \$1,000	
1,000 or more	Did you ever receive conflicting information
Don't know/can't remember	about your condition or treatment from the health professionals?
How much were your out of pocket	
expenses for <u>consultations</u> , <u>tests</u> , <u>surgery</u> <u>or treatment</u> related to these visits	Yes
(excluding medication)?	L No
Zero (\$0)	
\$1 to less than \$100	
\$100 to less than \$500	OVERALL CARE
\$500 to less than \$1,000	
\$1,000 or more	Overall, how would you rate the care you question of the clinic?
Don't know/can't remember	
How much were your out of pocket	☐ Very good
Q50 expenses for other costs related to	Good
these visits (e.g. travel, petrol, parking,	☐ Neither good nor poor
accommodation)?	Poor
☐ Zero (\$0)	☐ Very poor
\$1 to less than \$100	
\$100 to less than \$500	How well organised was the care you
\$500 to less than \$1,000	Q56 received in the clinic?
\$1,000 or more	☐ Very well organised
Don't know/can't remember	Fairly well organised
COORDINATION OF CARE	☐ Not well organised
How long have you been attending this cancer clinic?	If asked about your clinic experience by friends and family, how would you
Less than 6 months	respond?
6 to 12 months	I would speak highly of the clinic
More than 1 year but less than 2 years	I would neither speak highly nor be critical
2 years or more	I would be critical of the clinic

ABOUT YOUR CANCER	How has your current cancer responded to treatment?
Did you attend this clinic because you have or have had cancer? Yes No	Please X one option that is closest to your situation Treatment has not yet started for this cancer
Which of the following statements best describes how well you are able to carry out ordinary tasks and daily activities? Over the past month I would generally rate my activity as Please one box only normal with no limitations not my normal self, but able to be up and about with fairly normal activities not feeling up to most things, but in bed or chair less than half the day able to do little activity and spend most of the day in bed or chair pretty much bedridden, rarely out of bed	In the past three months, what treatment have you received for your cancer? Please all boxes that apply to you Radiotherapy Chemotherapy (including hormone therapy, immunotherapy and targeted drug therapy) Surgery Other treatment (e.g. bone marrow transplant) I have not received treatment in the past three months

ABOUT YOUR CANCER SYMPTOMS

Please rate the following cancer symptoms for how severe each is for you <u>right now</u> (at the time of completing this survey).

Please X the box that corresponds to your rating on a scale of 0 (no problem) to 10 (worst

рс	possible problem).												
a.	No pain	0	1	2	3	4	5	6	7	8	9	10	Worst possible pain
b.	Not tired	0	1	2	3	4	5	6	7	8	9	10	Worst possible tiredness
C.	Not nauseated	0	1	2	3	4	5	6	7	8	9	10	Worst possible nausea
d.	Not depressed	0	1	2	3	4	5	6	7	8	9	10	Worst possible depression
					4								
e.	Not anxious	0	1	2	3	4	5	6	7	8	9	10	Worst possible anxiety
f.	Not drowsy	0	1	2	3	4	5	6	7	8	9	10	Worst possible drowsiness
g.	Best appetite	0	1	2	3	4	5	6	7	8	9	10	Worst possible appetite
h.	Best feeling of wellbeing	0	1	2	3	4	5	6	7	8	9	10	Worst possible feeling of wellbeing
i.	No shortness of breath	0	1	2	3	4	5	6	7	8	9	10	Worst possible shortness of breath
Courses Devices F et al. 4004. The Edwardon Curanters Accessment Curters (co. 455 d.)													

Source: Bruera E et al, 1991. The Edmonton Symptom Assessment System (modified).

Please note that this survey is anonymous. If you need help, or someone to talk to about concerns or worries about your condition, you may like to contact your General Practitioner or The Cancer Council Helpline on 13 11 20.

COPING WITH CANCER

Select the answer that best describes how strongly you agree or disagree with each statement below.

Please answer for how you feel <u>right now</u> (at the time of completing this survey). If a statement doesn't apply to you, just skip it and move to the next one.

	Strongly disagree	Slightly disagree	Slightly agree	Strongly agree
I know that I will be able to deal with any unexpected health problems				
b. I am confident in my ability to understand written information about cancer				
c. I am confident in my ability to understand my doctor's instructions				
d. It is easy for me to actively participate in decisions about my treatment				
e. I won't let cancer get me down				
f. It is easy for me to keep a positive attitude				
g. It is easy for me to maintain a sense of humour				
h. I am confident that I can control my negative feelings about cancer				
i. If I don't understand something, it is easy for me to ask for help				
j. It is easy for me to ask nurses questions				
k. It is easy for me to ask my doctor questions				
I. It is easy for me to get information about cancer				
	Strongly disagree	Slightly disagree	Slightly agree	Strongly agree

Source: Wolf MS et al, 2005. CASE-cancer survey (modified).

ABOUT YOU	Are you of Aboriginal origin, Torres Strait Islander origin, or both?
The following questions will help us to see how	Yes, Aboriginal
experiences vary between different groups of the population.	Yes, Torres Strait Islander
population.	Yes, both Aboriginal and Torres Strait
What year were you born?	Islander
067	☐ No
WRITE IN (YYYY)	Which, if any, of the following long- gray standing conditions do you have
What is your gender?	Q74 standing conditions do you have (including age related conditions)?
Q68 Male	Please X all the boxes that apply to you
Female	Deafness or severe hearing impairment
	☐ Blindness or severe vision impairment
What is the highest level of education you	☐ A long-standing illness (e.g. cancer, HIV,
Q69 have completed?	diabetes, chronic heart disease)
Still at secondary school	☐ A long-standing physical condition
Less than Year 12 or equivalent	☐ A learning disability
Completed Year 12 or equivalent	A mental health condition (e.g. depression
Trade or technical certificate or diploma	A neurological condition (e.g. Alzheimer's,
☐ University degree	Parkinson's)
Post graduate/higher degree	None of these
Which language do you mainly speak	Which of the following best describes your smoking status?
Q70 at home?	I smoke daily
English	I smoke occasionally
A language other than English	l've tried it a few times but never smoked
Please write in	regularly
the language:	I don't smoke now, but I used to
	l've never smoked
Did you need, or would you have liked, to	Don't know
use an interpreter at any stage while you were at the clinic?	Has a health professional at this clinic
Yes	Q76 advised you to quit smoking?
No	∐ Yes
	∐ No
Did the begainst provide an interpretar	Don't know/can't remember
Did the hospital provide an interpreter when you needed one?	
Yes, always	
☐ Yes, sometimes	Who completed this survey?
∐ No	ine patient
I did not need the hospital to provide a	The patient with help from someone else
professional interpreter	Someone else on behalf of the patient

Q78	other information from he Commonwealth agencies medication or health regis years before and after you provided by health faciliti Your information will be to after your name and addr you as an individual and y	ermation would like your permission to link yealth records relating to you which are main (including your hospitalisations, medical vistry information). Linking to your health care ur visit will allow us to better understand ho es are related to the health and use of health reated in the strictest confidence. We will reses have been removed. We will not report a your responses will not be accessible to the or the Bureau of Health Information to link year?	tained by various NSW and sits, ambulance transportation, e information for the two w different aspects of the care in services of their patients. Ceive the linked information any results which may identify a people who looked after you.	
		YOUR COMMENTS		
Q79	What was the best part of	of the care you received while at this cance	er clinic?	
			·	
Q80	What part of the care pro	ovided by this cancer clinic most needs im	proving?	
Thank you for your time. Please remove the covering letter by tearing along the perforated line. Return the survey in the reply paid envelope provided or send it in an envelope addressed to NSW Patient Survey, Ipsos Social Research Institute, Reply Paid 84599, Hawthorn, VIC 3122 (no stamp is needed)				
Some of the questions asked in this survey are sourced from the NHS patient survey programme (courtesy of the NHS Care Quality Commission and the National Research Corporation (USA)), the CASE-cancer survey (reference 'Development and validation of the Communication and Attitudinal Self-Efficacy scale for cancer (CASE-cancer)', Wolf MS et al, 2005. Patient Education and Counselling) and the ESAS survey (reference 'The Edmonton Symptom Assessment System (ESAS): A simple method for the assessment of palliative care patients', Bruera E et al, 1991. Journal of Palliative Care) and the ECOG Performance Status Scale (reference 'Toxicity And Response Criteria Of The Eastern Cooperative Oncology Group', Oken, MM et al, 1982. Am J Clin Oncol). Questions are used with the permission of each organisation				
		Barcode		